



## Exploring Nutritional Individuality

# Nutrition Research Institute welcomes Dr. Carol Cheatham

CAROL CHEATHAM, PH.D., NAMED TO THE BRAIN TEAM ON THE NORTH CAROLINA RESEARCH CAMPUS

The University of North Carolina at Chapel Hill School of Public Health's Nutrition Research Institute is pleased to announce the appointment of Dr. Carol Cheatham to the Institute's brain research team. In addition to her appointment with the Nutrition Research Institute, Cheatham will also hold an appointment as assistant professor in UNC's department of psychology.

Cheatham specialized in nutrition and pediatric brain development in the Kansas University Medical Center's department of dietetics and nutrition before joining UNC. Her studies focus on how nutrition can improve children's brain performance; she will conduct her research at the Nutrition Research Institute on the North Carolina Research Campus in Kannapolis.



A graduate of the University of Minnesota, she earned her PhD in child psychology and neuroscience in 2004. She has since published research on memory recall in pre-term infants, the role of fatty acids in neonatal brains and how stress impacts brain development, as well as other topics.

"Dr. Cheatham is an expert on the importance of omega-3 fatty acids (fish oils) for normal brain development," said NRI Director Steven Zeisel, M.D., Ph.D. "This is an exciting and promising area of research that is changing the way women eat during pregnancy and lactation."

"I am very excited about the research going on at the Nutrition Research Institute because it will advance the field significantly," Cheatham said. "I look forward to the day when we will look out across a productive, bustling research campus and know that we were successful in our mission."

The Nutrition Research Institute, located on the North Carolina Research Campus in Kannapolis, is part of UNC's School of Public Health. The NRI's research will use genomic and metabolomic methods that are only now available to focus on nutritional individuality—why people's metabolisms differ and why they have different needs for nutrients.

For more information on Dr. Cheatham or to schedule an interview, please contact Lisa Canada at the [Nutrition Research Institute](#) at 704-250-5012.

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